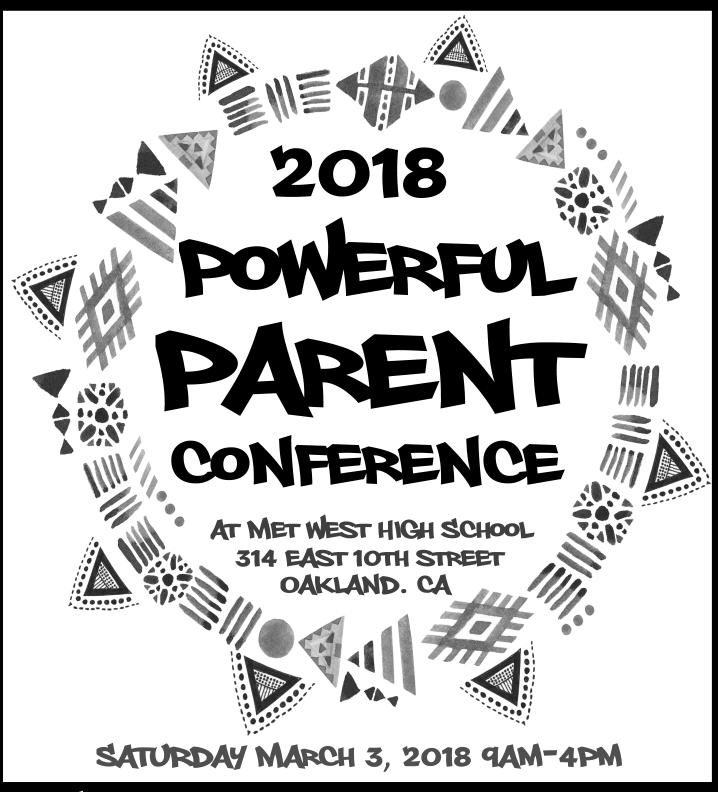
BUILDING SAFETY, SUSTAINABILITY & SOLIDARITY IN BLACK & BROWN FAMILIES!



CONFERENCE PROGRAM



In these turbulent times, we are excited, inspired, and intrigued by the opportunity to bring together families to protect our babies, sustain our vital essence, and create solidarity in our communities. Spearit-wurx made the call to convene this inaugural **Powerful Parent Conference** knowing and trusting that someone would hear and be interested in convening. 4Vida heard and the unification of hearts & minds ensued. We have been blessed by soooo many that also heard, understood, and are now ready to take action. **We are grateful for you!** 

We understand that it takes courage to do this. Parenting (in the United Snakes) is something that is done privately, in our own homes, behind closed doors. With this Conference, we have made it public in order to share and bring to the foreground the joy and pains, the challenges and healing, the insecurities and the abundance of our collective efforts to make us stronger, more resilient and more vibrant. It is only through our collective energy that we can break cycles of intergenerational violence and trauma while strengthening our capacity to heal and grow. "I AM A POWERFUL PARENT" is an affirmation, a reminder of who and what we want to be. It is not a finite statement. We don't have all the answers, we are not always on top of things, and we are not always patient. However, with the power of the word and the beautiful energy of the collective, we can remind ourselves and each other of how we want to thrive in this world and claim our space!

Our theme of "Building Safety, Sustainability and Solidarity in Black and Brown Families" was an intentional effort to galvanize the oppressed in active resistance, essential renewal, and creative reimagining of what our world can be like. We can work, from the inside out, to create safety in how we talk with one another,, how we respond to attacks, and how we bring Spirit to the center. We must find ways to sustain the love, vibrancy, and abundance that is ours, and honor the earth and our traditions as we invest in the next seven generations. We will decolonize our thinking and understand that we are all under attack, and only together can we protect and support each other. There is more that connects us than divides us. Our strength is in truly building a humble understanding through authentic relationships, courageous conversations, and diligent organization and collaboration. It's about the babies y'all! We have to do better for them,

for us, for our ancestors, and the legacy that we make-today!

We are truly honored to share this space with you! Thank you for your courage, love, and insights! #IAmAPowerfulParent

Blessings,

Mizan, Sizwe, Prishni & Sergio of Spearitwurx and 4Vida



## AT A GLANCE:

9:00-9:30	REGISTRATION, BREAKFAST & VENDOR FAIR
9:30-10:00	OPENING PRAYER & WELCOME REMARKS - Danza Azteca de Anahuac - Honoring 4 Directions & Water 4 Vida & Spearitwurx & Pink Panther Sorority Inc. * Youth go to Panther Powerful Playground Rooms 214-215
10:00-10:15	by Tina Bathsheba Harambe: "Celebrating Black & Brown Families: A time to heal, rejuvenate and celebrate"
10:30-11:45	Workshop session one: safety
11:45-12:30	LUNCH & VENDOR FAIR  Zumba in Room #130 by Dawn William Ferreira
12:45-2:00	Workshop session two: Sustainability
2:15-3:30	WORKSHOP SESSION THREE: SOLIDARITY
3:30-4:00	CLOSING GRATITUDE CEREMONY & RAFFLE



## TINA BATHSHEBA HARAMBE International Speaker, Visionary Educator & Practitioner with special emphasis in Healing Arts and Restorative Justice practices. Bathsheba has over 20 years of experience working in education. She is a restorative justice coordinator with OUSD and a Personal Wellness Instructor at Mills College. Bathsheba

is a Sacred Circle holder for business, organiza-

tions, spiritual communities and families. Contact: her at tinaharambe8@gmail.com

# ADDITIONAL THINGS TO DO WHILE AT THE CONFERENCE:

- V TAKE PICS AT THE SELFIE STATION/FAMILY PHOTO BOOTH #IAMAPOWERFULPARENT
- V POST REQUESTS & MAKE OFFERINGS AT THE COLLABORATION STATION
- VEXCHANGE WITH THE VENDORS-USE PLAY CARD TO ENTER RAFFLE
- ~ WALK IN THE GARDEN AND SEE LIFE GROWING
- ~ MEET SOMEONE NEW & SPREAD LOVE
- VADD TO THE ANCESTOR ALTAR





YGB AT HOME

Room #221 | Hodari Davis & Candice Antique Davis | www.edutainmentforequity.com | Come learn tools and pedagogy to affirm safety through a healthy African identity in Black children. Young Gifted and Black is a repertory group in Oakland that teaches Black History through poetry, rap and freedom songs. YGB at home is a subscription service and series of activities for black children to engage in, at home or on their own, that promote racial pride, confidence, and historical understanding.





#### PROTECTION SHIELDS

Room #132 | Gale Madyun | Prosperity Movement
Begin to create your families very own Protection Shield with Gale Madyun, a Spiritual Energy Artist.
We will use palm fronds (a source of sacred medicine and healing) along with recycled objects, the energy of natural instincts, traditions, and past experiences, to create your unique Protection Shield.
Mrs. Madyun will provide technical and emotional direction for participants to remember, and help identify energy trigger points to create the Protection Shield as a source of healing.
\*\*This workshop is limited to 15 people

C.A.R.M.A. COMMUNICATION

Room #220 | Falilah "Aisha" Bilal | www.FlourishAgenda.com | www.NBWJI.org
This is workshop will explore how families create emotional, psychological and physical safety by using healthy and innovative tools for effective communication, interaction and inter-personal connections. The workshop will present the Radical Healing Model created by Dr. Shawn Ginwright and CFO Nedra Ginwright, co-founders of Flourish Agenda (formerly known as Leadership Excellence). Workshop participants will identify strategies and healing methods to improve on the operational aspects of their individual family systems to create more peace, safety and better communication strategies.





# CONCRETE SELF DEFENSE FOR CONCRETE CONDITIONS

Room #130 | Community Ready Core for Self Determination | www.crc4sd.org
Using the best classical martial arts and urban street fighting techniques, we equip our students with concrete capabilities for self defense. Our workshop will give a basic overview of the A.R.M.E.D. (Aggressive Response Method Equally Distributed) Self Defense System. Some of the Topics covered will be 1) the speed of Violence, 2) De-escalation, 3) Awareness, 4) Pre-assault Indicators & 5) Fatal Facades. Come ready to move.

COMMUNITY SAFE KEEPING-STREET MEDICS

Room #137 | Peps & Ruben Leal | www.eastsideartsalliance.org | www.curyj.org | In this workshop, participants will learn the basics of securing safety of our families, including procedures to know, and supplies to keep handy when faced with a medical emergency, both in the street or in the wilderness.





INTERGENERATIONAL WISDOM PANEL

Room #131 | Pauline Haynes, Yah Mz Jahi, Robert Castro, Asara Tsehai and others
It is often said that there is a large generational gap in present-day society. At this powerful intergenerational workshop, we will get a chance to dialogue with parents and grandparents around creating safety in the home and how to build bridges within and across our communities for generations to come.





### WHEN WE HEAL, OUR FAMILIES HEAL

Room #220 | Marlene Sanchez & Ruben Leal | www.curyj.org
Life will happen, and things will happen that make us unbalanced. We will create a sacred space and
use a strength-based approach to discuss those situations. Moving us towards restoring the balance
and learning tools for healing.

# CREATIVE URBAN GARDENING WITH YOUR FAMILY

Room #132 | Kanchan Hunter | www.spiralgardens.org Come participate in an interactive and educational process of urban gardening, suitable for all ages. We will discuss how to grow our own food and why we do it. We will engage in a hands-on planting activity and build a small container garden. We will share resources to sustain our own gardens at home.



## SUSTAINING WEALTH: ENTREPRENEURIALISM IN THE FAMILY

Room #136 | Kai Brown Nortey & Neenueh Nortey | www.kubenicecream.com

Are you starting a family business and want to see it flourish? Come learn strategies to grow a sustainable and profitable business that becomes a socially conscious stakeholder in society and the global economy. Explore how to find the capital you need from unique sources and mission-aligned investors.

BRINGING BIRTH BACK TO THE PEOPLE—NORMAL BIRTHING & FAMILY CARE Room #221 | Angela Aguilar, Alejandra Olguin, Andrea Ruizquez, & Sumiyyah Franklin, | Nueva Luz Birth and Family Care | Partera Midwifery | www.oaklandpartera.com
Centering indigenous knowledge and traditional medical systems, we hope to share the importance of bringing pregnancy,

Centering indigenous knowledge and traditional medical systems, we hope to share the importance of bringing pregnancy, birth, and parenting out of white institutions and back to community, putting the power, confidence, and genuine care for the parents and baby in the hands of the people who love them most. Participants will leave the workshop with tools to best support those who are pregnant and parenting, in mind, body, and spirit.

## EVERYDAY SUSTAINABLE SELF CARE

Room #130 | Chris Pearson & Celan Ahtye Pearson | www.bewellnatural.com
Let's explore wellness practices that we can do today and everyday. Through dialogue and hands on
experiential learning, let's share techniques that can be done for yourself and with your family to sustain health, wellness and vitality.

# PARENTING FOR LIBERATION—HEALING INTERGENERATIONAL TRAUMA IN THE BLACK COMMUNITIES

Room #137 | Trina Greene Brown | www.parentingforliberation.org

Because of historical and present-day violence against Black bodies, many parents of Black children parent from a place of fear and protection. This workshop is designed for Black parents who want to discuss the impacts of intergenerational trauma and learn ways to overcome it by parenting ourselves and our children to be healthy and free.



### LAND RITUALS & TRADITIONS

Room #131 | Mama Charlotte Hill O'Neal & Cuauhtemoc Ollin | www.uaacc.net | www.ollin.org | Join the conversation on the importance of securing and sustaining sovereign land in order to preserve our rituals, traditions and customs that empower us. Charlotte Hill O'Neal aka "Mama C", is an artist and former Black Panther who along with her husband Pete O'Neal, have had a most unique journey in Africa that includes several decades of living off the land as homesteaders, educators and community builders. Cuauhtemoc Ollin is an organizer, cultural and environmental educator, and restorative justice facilitator with land in Mendocino forest of California.



DE-COLONIZING

Room #137 | Prishni Murillo & Sergio Arroyo | 4VidaCoCreate@gmail.com

Due to 525 years of turbulent history, cultural adaptations to white supremacy, and (im)migration

- Latinxs/Raza/Brown parents are challenged with the task to empower our children with a strong identity, while resisting the colonial project to "Whiten" and "Americanize" our future generations. In this workshop we will explore historical lessons and strategies to reinforce pro-Indigenous, pro-





Room #220 | Rev Dr Alfonso Wyatt | www.blackmaleachievement.org
This Solidarity Interactive Workshop will look at the challenges of co-parenting, split households and blended families, and spotlight creative options generated by the group. Participants will be given communication strategies that can help differentiate between being right vs. being understood. The workshop will make use of roleplay to highlight nuanced real-time strategies that lead to win-win outcomes. Explore strategies for keeping the focus on children while co-parenting.



Room #221 | Durwin Brown | Catalyst Foundation
Whether you're raising a teen, pre-teen, or post-teen, this workshop serves to equip those parents/guardians who are looking to add some additional "tools" in their parental tool box to build solidarity with their youth. This workshop will provide tips and strategies to help foster fruitful solution-based strategies while encouraging the promotion of positive communication and healthier relationships with the youth.

# PAPERLESS BUT NOT POWERLESS - ACTIVATE SOLIDARITY & KNOW YOUR



RICHTS AGAINST ICE AND THE POLICE

Room #132 | Linda Sanchez & Humberto "Beto" Ortiz-Silva | www.67suenos.org

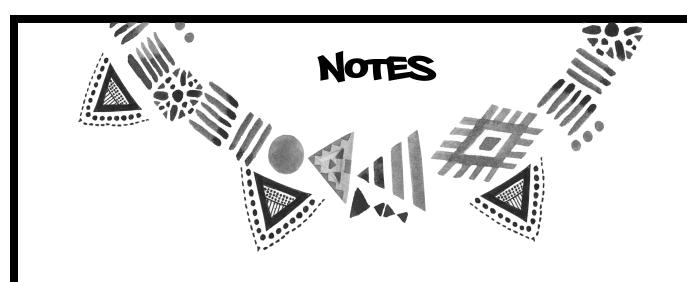
During our current political climate, its important that we build strong relationships and bridges between our Black and Brown communities that are constantly under attack. It is only together that we will be able to keep each other safe, and break the chains of oppression in order to fight back. This workshop will train community members on the Rapid Response Network, and how to conduct ICE raid verification, act as legal observers, familiarize ourselves with our constitutional rights "Know Your Rights", and participate in Cop Watch and Migra Watch to safely film instances of police brutality/harassment.

## PRINCIPLES FOR CONSCIOUS PARENTING-FINDING YOUR VOICE IN THE SCHOOL COMMUNITY

Room #136 | RocQuel Johnson | www.atthereddoor.com
Self-advocacy can play a critical role in the development of how your child(ren) understand important qualities about themselves: self-worth, the value of their voice, the significance in appreciating their life experience, requesting support and the importance of engagement in all aspects of their life, including the school community. This workshop will discuss several strategies in understanding self-advocacy, the differences between involvement and engagement, seeking allies, and the power of your voice within the school community.

# SPEAK TRUTH TO PARENTS— YOUTH SOLIDARITY PANEL

Room #131 | Moderated by Rashid Campbell Come hear youth and young adults share their experiences, needs, and ideas on what can help young people grow powerfully, purposefully, and peacefully. Listen to real live accounts of ways to support young people and create solidarity within our families and across our communities. Engage in a lively discussion moderated by Rashid Campbell, a Spearitwurx Alumni and the first Black person to win Top Speaker at the prestigious National Debate Tournament.



## JOIN US FOR STRETCH MARKS : BLACK MAMAS AND DAUGHTERS BRUNCH

SATURDAY MAY12, 2018 11AM-1PM AT

GREENLINING INSTITUTE— 360 14TH STREET OAKLAND CA 94612

Join us for facilitated conversations with mothers and their daughters and granddaughters about love, race, health, happiness and the power of the Black Woman. Join us Mothers Day Weekend! Tickets go on sale March 8, 2018 (International Women's Day) at wwww.spearitwurx.com.





THERE ARE SO MANY PEOPLE WITH GOOD HEARTS AND CLEAR MINDS THAT HELPED TO MAKE THIS CONFERENCE POSSIBLE. WE ARE IN DEEP GRATITUDE TO YOU, AND TO THE FOLLOWING:

Pauline Haynes . Robin Haynes . Shuntelle Andrews . James Andrews . Fiyah . Omega . Pharaoh . Saba . Senay . Pakal . Xitlamina . Familias Arroyo y Murillo . Guillermo Chavez . Linda Velarde . Tina Bathsheba Haramabe . Yaye . Nyiesha Moncrease. Tamika. Tiarra Knox. Marcus Levy. Chris Chatmon. Jerome Gourdine. Neha Ummat. Jessica Wright-Davis Nedra Ginwright . Shawn Ginwright . MetWest Community, Staff & Studenst Volunteers . Michelle Deiro . Yvonne Maxwell . Dee Gardner . Dray Gardner . Nikkanni McLennan . Dr. Phyillis Hubbard . Rafeeah & Jordan Alexander . Robert Castro . Hodari Davis . Candice Antique Davis . Cristian Aguilar . Gale Madyun . Falilah "Aisha" Bilal . Yah Mz Jahi. Asara Tsehai . Peps . Ruben Leal . Kai Brown Nortey . Neenueh Nortey . Chris Pearson . Celana Ahtye Pearson . Kanchan Hunter . Marlene Sanchez . Trina Greene Brown . Angela Aguilar . Alejandra Olguin . Andrea Ruizquez . Sumiyyah Franklin . Mama Charlotte Hill O'Neal . Cuauhtemoc Ollin . Rev. Dr. Alfonso Wyatt . Rashid Campbell . Ajman Thrower . Alex Pratt . Linda Sanchez . Humberto "Beto" Ortiz-Silva . Durwin Brown RocQuel Johnson . Community Ready Core for Self Determination . Spiral Gardens. Ujima Adult & Family Services. Pink Panther Sorority, Inc. . Prosperity Movement. Determination Mens Group. Partera Midwifery . 67 Sueños . La Clinica de la Raza /Casa CHE . National Black Women's Justice Institute . Flourish Agenda . Communities United for Restorative Youth Justice . Edutainment for Equity . Parenting for liberation . The Catalyst Foundation for Youth Development . Alameda County Building Blocks For Health & Equity Unit . Our Family Coalition . Abundant Beginnings. Nueva Luz Birth and Family Care. LifeLong Medical Care. Crown Biz. Madow Futur. Booklandia. Latisha Baker Artworks . In the Mix Bakery . Sticks and Stones . Irie Irations . Sankofa African Arts & Jewelry . Empire Cultural Products . Goddess Butter . Hands on Healing . Jordan's Culinary Creations . and many more who we may have missed, you know who you are! Give Thanks! Muchas Gracias!

#### CONFERENCE ORGANIZED BY



SPEARITWURX is a family organization that creates experiences to transform lives through events, workshops, retreats, and trainings. For more information, go to www.spearitwurx.com

#### IN COLLABORATION WITH



4VIDA is an emergency organization founded by husband and wife team, Prishni Murillo & Sergio Arroyo.

For more information, email 4vidaCoCreate@gmail.com

#### CHILDCARE BY



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